### **Supports Services**

The following organisations have appointed Welfare Advisers who will be able to provide advice on the application process for the Troubles Permanent Disablement Payment Scheme, and assist you with completing the Application Form if required.

#### WAVE Trauma Centre

WAVE Trauma Centre is a regional NGO that works from five centres across Northern Ireland providing a holistic range of therapeutic, welfare and support services to anyone bereaved or injured as a result of the Troubles regardless of religious, cultural or political beliefs. WAVE has a team of specialist welfare officers for the Troubles Permanent Disabled Payment Scheme making applications for individuals and supporting them through the process.

WAVE works across N. Ireland, Ireland, GB and with clients living in other areas of the world who have been affected by the NI Troubles/ Conflict. All services delivered by WAVE are trauma informed. WAVE is an accredited service provider with the British Association of Counselling and Psychotherapy (BACP)

To access assistance with the Troubles Permanent Disabled Payment Scheme or to find out more about the range of services that are available please contact:

	Address	Telephone Number	Email Address	Website/ Social Media	
WAVE	Belfast Office:	028 90779922	adminhq@wavetrauma.org		
	Armagh Office:	028 37511599	adminarmagh@wavetrauma.org	Website: www.wavetraumacentre.org.uk	
	Ballymoney Office:	028 27669900	adminballymoney@wavetrauma.org		
	Derry/ Londonderry Office:	028 7126 6655	adminderry@wavetrauma.org	Facebook:	
	Omagh Office:	028 8225 2522	adminomagh@wavetrauma.org	https://www.facebook.com/WaveTraumaCentre/	

## Relatives for Justice (RFJ)

Relatives for Justice is a non-governmental organisation supporting persons bereaved and/or injured as a result of conflict. Providing support across the region and with offices in Belfast, Dungannon and Mid-Ulster, Relatives for Justice (RFJ) is a non-sectarian, non-judgmental organisation operating with core values of confidentiality, inclusion and equality. Offering a holistic wrap around service RFJ provides support programmes, advice, advocacy and fully accredited therapeutic services all designed to professionally support families and individuals with the impact of trauma.

	Address	Telephone Number	Email Address	Website/ Social Media
RFJ	Ardoyne Office: 2-4 Brompton Park Belfast BT14 7LD	028 96949327	injuredscheme@relativesforjustice.com	www.relativesforjustice.com

# The Ely Centre

The Ely Centre, a Charity established in the aftermath of 1987 Enniskillen Remembrance Day Bomb, provides multi-disciplinary support services for civilians, security force & HM Forces personnel and their families, who have experienced bereavement and injury as a result of the "Troubles" through the provision of evidenced based treatment and support services that address issues of declining physical and psychological health, social and financial difficulties which have arisen as a result of the "Troubles"

The Ely Centre currently provide support in the following areas.

- Fermanagh and Omagh District Council Area
- Armagh, Banbridge & Craigavon Council Area
- Newry and Mourne Council Area
- Mid Ulster Council Area
- Co Monaghan

	Address	Telephone Number	Email Address	Website/ Social Media
ELY	Enniskillen Office: 52-60 Forthill Street BT74 6AJ	028 66320977		
	7 Fairgreen Road Markethill Co Armagh BT60 1PW	028 37552447	enquiriesvps@elycentre.co.uk	www.elycentre.com

# South East Fermanagh Foundation (SEFF)

South East Fermanagh Foundation (SEFF) provides support to innocent victims and survivors of terrorism and other 'Troubles related' criminal violence. We have offices located in Lisnaskea, County Fermanagh, south Armagh, Rathfriland, County Down, Lisburn, County Antrim and we are the sole Northern Ireland formed group to have a base in Great Britain (London) from which we direct outreach support to GB-based victims and survivors. We are open for referrals irrespective of geography, and where we can work collaboratively with other organisations we do, in best meeting the needs of individual victims/survivors.

SEFF provides a holistic service for victims/survivors providing services spanning, health and wellbeing, advocacy, befriending, youth/transgenerational and wider practical support services including social support interventions. We strive to facilitate and support an individual's transition from victim to survivor as part of a process of healing.

	Address	Telephone Number	Email Address	Website/ Social Media
SEFF	Main office: Unit 1 Manderwood Park 1 Nutfield Road Lisnaskea Co Fermanagh BT92 0FP			Website: <u>www.seff.org.uk</u>
	South Down Gateway Service: 16A Downpatrick Street Rathfriland Newry Co Down BT34 5DG	028 67723884	<u>welfare@seff.org.uk</u>	Twittter: @SEFFLisnaskea
	East Region Gateway Service: 19/21 Graham Gardens Lisburn Co Antrim BT28 1XJ			Facebook: SEFF Victims and Survivors and SEFF Lisnaskea (Community)

	LIVES Project LG16		
SEFF	Lower Ground		
GB	25 Finsbury Circus		
	London		
	EC2M 7EE		

#### Ashton

Bridge of Hope is a project within Ashton's Health & Wellbeing Department engaging with over 30,000 people since 2001.

They deliver services from three wellbeing centres working from North Belfast – McSweeney Centre close to Carlisle Circus, Alliance Avenue, and Churchill Street.

Their mission is "To empower and promote positive change for victims and survivors through the delivery of quality health and wellbeing services". Support includes –

- Complementary Therapies;
- Life Coaching;
- Counselling and Psychological Services;
- Accredited VTCT Training;
- Personal Development courses in stress management,
- Resilience, and mindfulness
- Health and Wellbeing Caseworkers
- Troubles Permanent Disablement Pension Scheme application support

Ashton's services are person-centred and based on the theory that no single approach will suit everyone. All services are designed to help manage and reduce stress whilst encouraging the development of positive, healthy, and resilient lives.

	Address	Telephone Number	Email Address	Website/ Social Media
Ashton	Ashton Centre 5 Churchill Street Belfast BT15 2BP	028 90742255	bohpension@ashtoncentre.com	<u>https://www.ashtoncentre.c</u> <u>om</u>